

## spa experiences

Exploring Santorini is an exciting adventure. Its cliff top villages overlook the glittering sea. Sunrises are inspiring, and sunsets are enchanting. The dramatic geology of the past meets the contemporary colours of a popular holiday destination.

## noūs ritual journeys

### pomegranate purity experience

The pomegranate fruit, a symbol of good fortune and positive energy, contains a high level of antioxidants and is a rich source of tannins, vitamins A, C and E. As such, it can effectively counter the effects of free radicals that cause premature aging of skin cells. This absolute sense of purity starts with a natural brush and pomegranate soap body scrub to totally cleanse the skin. This is followed by a relaxing massage for the whole body, using citrus essential oils to relieve muscle tension.

The ritual ends with a complete facial pomegranate treatment that leaves your skin soft, hydrated and balanced.

**90 min | €120 / 120 min | €160**

### wild rose silk emotions ritual

A trademark treatment that is synonymous with the KORRES brand's history, the Wild Rose ritual experience demonstrates significant repairing action against fine lines and pigmentation disorders. Powered by high-level vitamin Super C, linoleic and linolenic acid, which are known for their significant moisturizing, healing and softening properties, this complete body care treatment revitalizes the skin and counters the signs of fatigue. It deeply moisturizes the skin, smooths wrinkle and gives you a healthy and radiant look.

**90 min | €140 / 120 min | €180**

### noūs spa time journey

This is your time to release tension, relax and escape from everyday life, so reserve as much time as you like and allow us to be guided by your individual needs. We will then propose an exclusively personalized combination of treatments, tailor-made for you, using the botanical power of fruit and plant ingredients captured in KORRES products!

**120 min | €180 / 180 min | €240**

## noūs facial treatments

### beauty shots everyday booster

Tapping into the great botanical power of fruit and plant ingredients in combination with the innovations of KORRES products, this treatment has been specifically designed to give any skin type an intensive everyday boost. The treatment is individually customized to address skin needs such as dryness, dehydration, congestion and sensitivity. Ideal for normal or combination skin, teenage skin, or for those who need a calming natural skincare regime, it increases skin hydration and elasticity, nourishes and softens, offering long-lasting moisturization and nourishment.

**55 min | €90**

### greek yoghurt dazzling glow

Greek yoghurt, an ingredient known historically for its moisturizing action, has a high concentration of probiotics and prebiotics which help strengthen the skin's immune system. This light texture facial treatment is at the same time pleasantly cooling and deeply moisturizing, giving your skin a youthful and relaxed look. Ideal for dull or dehydrated skin.

**55 min | €100**

### pomegranate purity desire

Derived from the fruit-symbol of good fortune and positive energy, pomegranate extract is a rich source of tannins, vitamins A, C and E as well as various minerals. This combination of ingredients has significant astringent properties that deeply purify and tighten the pores, and thereby strengthen the skin epidermis. The pomegranate treatment is therefore ideal for oily and combination skin, as it soothes and refreshes the complexion, leaves your skin soft, hydrated and balanced with a matte finish.

**70 min | €110**

### wild rose effective romance

Wild rose, the eternal symbol of love, is a trademark of the KORRES brand and synonymous with its history. Thanks to its high-level vitamin Super C, the Wild Rose treatment demonstrates significant repairing action against fine lines and pigmentation disorders. Furthermore, the Wild Rose oil is rich in linoleic and linolenic acid, which are known for their significant moisturizing, healing and softening properties. At the same time, the oil forms a protective film on the skin, which helps cell and skin texture regeneration, for improved skin tone and radiance with clinically proven action from the first application.

**70 min | €120**

### golden crocus time reverse

A luxuriously powerful composition for the face and eyes, inspired by a rare flower of the Greek land, the majestic Crocus (Safran) of Kozani. Carefully blended with the rich ingredients of KORRES facial products, it forms a protective shield made of gold! This universal anti-aging solution is ideal for all skin types, offering deep hydration and antioxidant protection, thanks to the beta-glucans it contains. Counteracts the harmful free radicals that cause premature skin aging.

**55 min | €120**

### black pine matrix advanced

KORRES innovations and patents are combined with signature massage techniques to restore the 3D structure of your face. This treatment is designed specifically to straighten the contour and has a distinct lifting effect thanks to the innovative natural active reconstruction complex Elastilift-3D™, the powerful complex 4D Bio-Shapelift™ and Black Pine polyphenols. While restoring the shape of the face, the treatment's anti-wrinkle action also renews the elasticity of the skin, enhances its firmness and improves its texture.

**70 min | €150**

### white pine endless beauty

For the first time worldwide, KORRES introduces the new White Pine bark extract in a new skincare treatment specially designed to meet women's skin needs before and after menopause. Powerful anti-aging properties are derived from KORRES proprietary ingredient, White Pine extract, together with MENO-REVERSE™ TECHNOLOGY, a natural peptide blend from artichoke leaves, clinically proven to improve the skin's volume. A replenishing treatment that reduces the appearance of fine lines and wrinkles, with high antioxidant and remarkable anti-spot action.

**70 min | €130**

## noūs body treatments

### noūs soft sensation

This relaxing full-body gentle exfoliation is customized to your individual needs. We will help you to choose from a carefully selected range of refining KORRES body polishes that allow you to tap into the power of rich antioxidants and natural extractions to exfoliate, smooth and renew skin cells, for a hydrated, healthier, younger look all over.

**40 min | €60**

### noūs body rejuvenation

For a luxurious full-body renewal, this treatment instantly ret textures and resurfaces body skin. The natural scrubs in nutrient-rich formulas help lock in skin moisture and buff away dead cells. At the same time, the cocoon wrap that follows is deeply moisturizing and nourishing. It enhances skin elasticity, offers antioxidant protection, is absorbed quickly and makes the skin smoother and supple.

**55 min | €100**

### noūs body renewal

A tailor-made complete experience of relaxation and wellness releases and calms both body and mind. Taking you step by step on a journey that taps into the great botanical power and aromas of KORRES unique products, this treatment is individually designed to detox, nourish and relieve any muscle tension. It starts with a healthy full-body scrub, followed by a cocooning wrap and ending with a soothing massage to leave you completely relaxed and rejuvenated.

**1 hr 55 min | €160**

### aegean luminous bronze pre-sun

This expertly developed treatment for exfoliation skin protection before you enjoy the summer sun starts with a special full body exfoliation, while a warm body mask feeds your skin with a high concentration of kumquat and vitamin C to enhance its shine and elasticity and shield it against sunburn. To complete the treatment, a light moisturizing mousse with hyaluronic acid soothes out imperfections, adds radiance that gives your skin a natural glow and youthful appearance.

**70 min | €120**

### greek yoghurt soft touch after-sun

Greek yoghurt was traditionally an after-sun skincare for face and body. As a natural source of lactose, proteins, minerals and vitamins, it increases the water content of the top layers of the skin, instantly relieving tight and dry skin. This light texture face and body treatment is at the same time pleasantly cooling, ideal for a dehydrated sun-exposed skin, ensures long-lasting hydration and contributes to the regulation of the body's hydration levels.

**70 min | €120**

## our signatures

### noūs top to toe total refresh

This unique top to toe treatment that is perfectly designed to refresh three key parts of the body is ideal for those who are looking for serious pampering. Your luxurious experience starts with a gentle scrub and a nourishing hand and foot massage, continues with a replenishing facial therapy resulting in complete rejuvenation of the skin. The ritual journey recharges the body and enhances overall equilibrium.

**70 min | €100**

### noūs santorini grape velvet sensés

Rich in antioxidants, this soothing natural and body treatment will help blur imperfections, smooth textured skin, and replenish the skin with moisture. Powered by the Santorini Grape Extract which is full of polyphenols, resveratrol and higher elements, it helps counter the harmful effect of free radicals that cause skin aging. Enjoy a relaxing massage while KORRES body smoothing milk nourishes even the most problematic and dry skin.

**90 min | €140**

### couples experience journey

A unique experience of in-depth relaxation for couples, with tailor made options and treatment combinations based on your individual needs. Your relaxation journey starts with a jacuzzi "hydro" therapy" to clear your mind, reduce stress and soothe overworked muscles, continues with your chosen full-body massage.

**noūs signature couples massage 55 min | €220 / 85 min | €300**

... and ending with your preferred add-on treatment:

• fast glow facial treatment	25 min   €40
• eye revival	20 min   €30
• soft sensation body scrub	20 min   €30
• head massage	20 min   €30
• hand and foot massage	25 min   €40
• sun care protection for face and hair	20 min   €30

The above prices are per person.

\*Hydrotherapy in a Jacuzzi combines all the best calming features of water: opening the blood vessels to improve circulation, relaxing the muscles, and providing an escape from the pressures of daily life.

## noūs massage treatments

### noūs signature massage

Our signature massage combines a rhythmic body massage with techniques that enhance the energy flow and promote mind, body and soul connection. Additionally, a choice of aromatic KORRES blend oils is available to address diverse individual needs and help you achieve an elevated state of wellbeing by restoring your balance and re-align energy flow.

**55 min | €100 / 85 min | €140**

### noūs melt away candle massage

Give in to the flowing strokes of this warming and nourishing candle massage. Subtly scented oils were selected for their particular qualities and ability to relax the muscles and relieve tension, leaving your skin smooth and fragrant.

**55 min | €120**

### noūs holistic approach massage

Especially recommended for anyone suffering from aches, pains and stiffness, this full-body massage will ease tense muscles and bring harmony to body and mind.

**55 min | €110 / 70 min | €130**

### deep tissue massage

Recharge your body and kick-start your circulation with this deep tissue massage. The powerful detoxifying essential oils will help relieve muscle tension in specific areas of the body, either to release lactic acid build-up and muscle stiffness due to over-exertion in the gym, or to reduce fluid retention and improve poor circulation associated with cellulite conditions. It's an effective way to recondition your skin tone and feel free from aches and pains.

**55 min | €120 / 85 min | €180**

### back & head massage

Focusing on tension primarily in the back, neck, shoulders and head, this massage is designed to relieve deep-seated stress by combining specially blended massage oils chosen to suit your individual needs. An exotic mix of warmth, texture and aroma tempts the body into blissful relaxation.

**55 min | €100**

### back massage

Ideal for those who require focused attention on the back, these massages designed to release tension in the back, shoulders and neck. Using a fusion of different techniques, your therapist will customize the strokes to ensure that you leave feeling supple and relaxed.

**30 min | €60**

### noūs spa regulations

- NOŪS SPA facilities are open to guests aged 16 and over.
- Upon arrival and prior to using the facilities, all guests will be required to complete and sign a health & lifestyle questionnaire.
- NOŪS SPA and its environs are strictly NO SMOKING areas.
- To maximize the benefits of your NOŪS SPA experience, mobile phones are not allowed in the spa areas. Please leave them switched off in your locker.
- Please leave all valuables in your locker. NOŪS SPA is not liable for loss of or damage to a guest's personal belongings.
- Please conduct all conversations at levels consistent with a relaxing spa environment.
- Shower towels and bathrobes are placed in your lockers. Please do not take shower towels and bathrobes outside.
- Always shower before using pool facilities and between visits to the sauna and steam rooms. Robe and slippers should be worn in all spa areas.
- Swimwear is compulsory in the steam room, sauna and pool areas.
- In the sauna and steam room, a towel must always be placed between your body and the bench.
- In the gym and fitness area, comfortable sports-wear is recommended and appropriate footwear is required.
- Please do not leave toiletries in showers or wet vanity areas.
- Please do not add oils or other products to the sauna bucket water or other Thermal areas without first consulting a member of staff.
- Ensure that you drink plenty of fluids to rehydrate after using the Thermal area.
- Please place all used towels in the baskets provided.
- Food & beverages are not permitted in the spa & fitness areas for consumption during your visit. Refreshments are available at the Vitamin Bar.
- If you have a gift voucher, please remember to bring this with you and hand it to our reception team upon arrival.
- All facilities are subject to availability.
- Please arrive in good time to enjoy the facilities and ensure that you are ready to be escorted by your therapist at the allocated time. LATE ARRIVAL WILL RESULT IN A SHORTENED OR AMENDED TREATMENT BEING OFFERED UNDERWITHOUT REFUND.
- Underwear or suitable swimwear should be worn in the treatment room and during treatments. For some treatments your therapist will provide disposable undergarments, and suitable towel draping will be used at all times.
- During treatments, please let your therapist know if you are uncomfortable, too warm or too cold, or if her pressure is too light or too firm. Your comfort and care are our greatest concern and priority.
- If you have a particular injury or physical condition, please advise your therapist.
- Appropriate adjustments to the treatment will be made for your comfort and enhanced benefit.
- There is no pressure to talk during a treatment. If you have any questions or would like to talk, feel free to do so.
- If you prefer silence, that is entirely up to you. Our therapists will take their cue from you.

We hope you will enjoy this interlude of pampering and relaxation. Your comments are always welcome. Please note that 24 hours' cancellation notice is required for all bookings and services, otherwise 50% of the total treatment price will be charged. Credit card details may be required in order to confirm a booking.

**Opening hours Monday - Sunday 10:00-20:00**