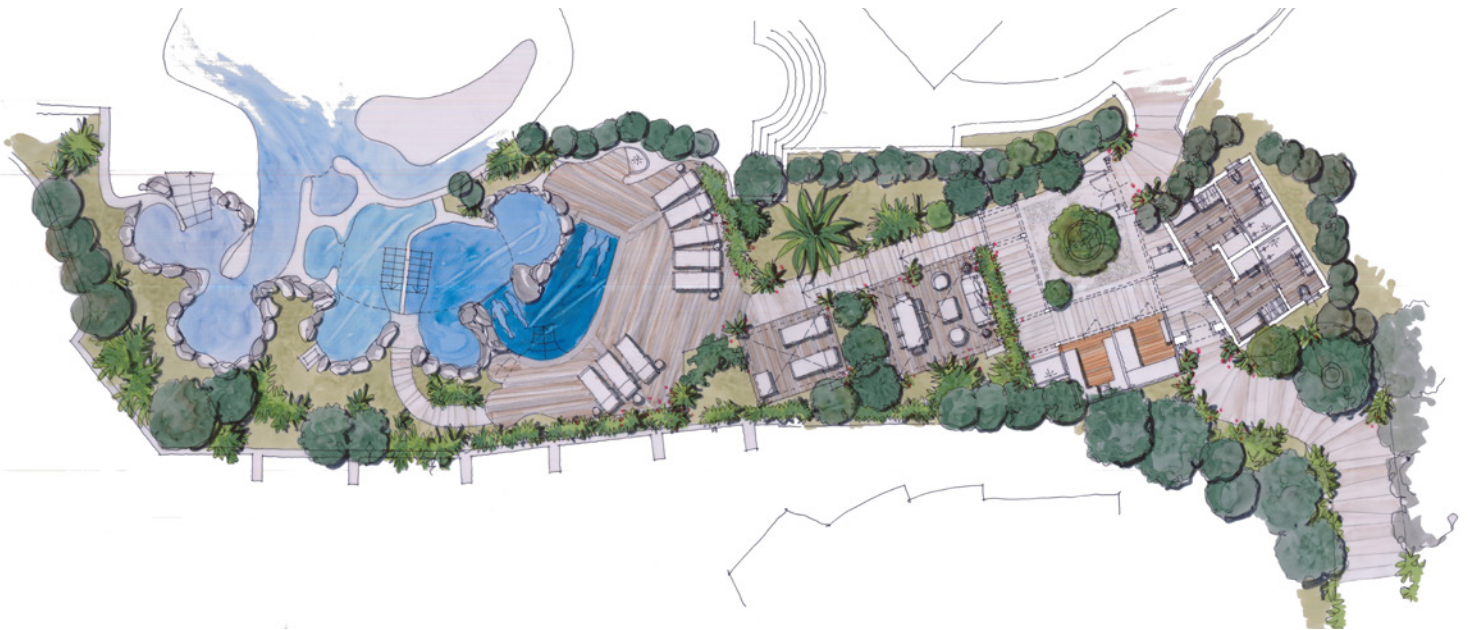


ForteVillage

SARDINIA

PRIVATE SPA



The ultimate in privacy, a new luxurious 'Private SPA' available for exclusive use within the Acquaforce Thalasso & SPA. Spend the day in a private garden with 3 thalasso pools and with convenient access to all of the specialist Acquaforce SPA treatments, Forte Lab medical assessment services, gym and other facilities. Ideal for couples or large families up to a dozen people.



Private Thalasso Pool Circuit

POOL 1: Sea oil at 37°-38°

The very high concentration of magnesium salt combined with high temperature water has a vasodilatory effect that increases metabolic exchanges by osmosis, thereby aiding the draining and detox effect.

POOL 2: Seawater whirlpool at 35-36°

The high temperature, pure sea water pool features whirlpools that stimulate microcirculation from the soles of the feet to the abdominal muscles and the back.

Pool 3: High saline density at 36-37°C

This sodium-rich pool continues and increases the osmosis between sea water and the body, stimulating the elimination of toxins and aiding muscle relaxation. This pool is ideal for a traditional Acquaforce water massage.

Private Services & Facilities

- Private area of 300m²
- separate entrance and changing rooms for maximum privacy
- Changing rooms, male and female
- private thalasso circuit with 3 pools (outlines above)
- a private treatment room for up to two people
- private sauna, hammam and 2 emotional showers
- solarium, relaxation and lounge area
- freshly prepared healthy meals available upon request

Spa treatments, meals and drinks are charged separately

Acquaforce Thalasso & SPA, is renowned as a pioneer of thalassotherapy and the effective healing properties of sea water. The SPA offers tailor-made programs of 4 or 7 days for Anti-Ageing, Thalasso Detox, Stay Healthy and Weight-loss.

